

Come and join the team!

ADVERT

ROLE TITLE: Community Therapy Reablement Support Worker

ADVERT TEXT:

We are looking for a Community Therapy Reablement Support Worker who has integrity and enthusiasm and is committed to supporting people to maximise their independence in a range of environments. The individual needs to be passionate and be able to work within a multi-disciplinary team.

POST ID: SAS335

LOCATION: Mardy Park Resource Centre Abergavenny NP7 6HU

GRADE: BAND F SCP 19 – £27,777 – SCP 23 - £32,076 Pro Rata

HOURS: 22.2 Per Week

TEMPORARY: No

DBS CHECK: Yes (Disclosure & Barring Service Check)

CLOSING DATE: 12 noon 6th September 2024

Additional Information

Please note that we are not able to accept CVs

To apply for this post please complete the online application form which can be found on the following page:

<https://www.monmouthshire.gov.uk/jobs-employment/>

Applications may be submitted in Welsh, and that an application submitted in Welsh will not be treated less favourably than an application submitted in English.

All posts are open to job-share unless stated otherwise.

Monmouthshire County Council is:-

- an equal opportunities employer and welcomes applications from all sections of the community.
- a disability confident committed employer.
- an Armed Forces friendly employer.
- Autism aware and committed to removing barriers to employment
- committed to supporting young people who leave our care to access new opportunities and gain experience.



ROLE PROFILE

ROLE TITLE: Community Therapy Reablement Support Worker

PERMANENT

POST ID: SAS335

GRADE: BAND F SCP 19 - £29,777 – SCP23 - £32,076 Pro Rata

HOURS: 22.2 hours Per Week

WORK PATTERN: Monday to Friday

LOCATION: Mardy Park Resource Centre Abergavenny NP7 6HU which may change in the future if the service location needs to relocate. Relocation or disturbance expenses will not be paid if this happens.

DISCLOSURE AND BARRING SERVICE (DBS) CHECK:

Enhanced with Adults Barred List Check

RESPONSIBLE TO: Lead Occupational Therapist

WELSH LANGUAGE ASSESSMENT:

Welsh language skills are desirable

Abergavenny Integrated Services.....**Who are we?**

Mardy Park is the Integrated Health and Social care hub for North Monmouthshire.

The Abergavenny Integrated Services team is comprised of :-

Community Nursing,

Physiotherapy,

Occupational Therapy,

Social work,

Direct care teams – Community, residential and day centre and

Business Support.

The team supports the Health and well-being of People both at the Centre and within the local Community.

SAFEGUARDING:

Child and Adult Safeguarding are key priorities for the Council. We aim to support children and adults at risk to be as safe as they can and to fulfil their potential. All Council employees and volunteers are responsible for playing their part in the well-being, safety and protection of children and adults at risk. All employees and volunteers will be trained to the appropriate level of safeguarding and have a duty to fulfil their personal responsibilities for safeguarding.

Our Purpose:-

We promote a relationship based assessment, and the experience of receiving care and support that enables a more natural life, promotes choice, control and independence, and meets the social and emotional needs of the people we support.

We advocate supporting individuals to develop their own personal outcomes based on "What matters to them"

The Purpose of this Role:-

We are looking for a Community Therapy Reablement Support Worker who is passionate, enthusiastic, reliable and able to lead by example. Someone who is able to implement Reablement Support, alongside a multi-disciplinary team of Health and Social care colleagues, and voluntary sector partners in a range of environments. You should be able to support individuals in establishing their personal outcomes and use therapeutic interventions to assist them in achieving these as delegated.

Expectation and Outcomes of this Role:-

You will need to use collaborative communication skills to encourage people to do things for themselves, and wherever possible help people regain their independence. You will need to have a broad knowledge of suitable equipment and adaptations which may be prescribed to enhance individuals independence and where possible reduce dependency on traditional long-term care and support.

You will carry out therapeutic programmes outlined in the Reablement plan, evaluate and monitor a person's progress and provide regular updates to the lead therapist as to progress or otherwise

Your responsibilities are to:-

- Work closely with the therapists and other team members within the Integrated Service, looking at alternatives to care and Support using creative ideas, approaches, equipment and adaptations
- Undertake all aspects of prescribed rehabilitation/reablement duties under the direction of the therapy staff
- Liaise with GP, other health care professionals, housing and voluntary sector partners.
- Within the scheme of delegation, make autonomous decisions based on therapeutic competency and seek professional guidance from physiotherapists and occupational therapists
- Provide the necessary reablement assistance for people and their carers to achieve the personal outcomes/goals planned and agreed by the multi-disciplinary team
- Complete or contribute to Integrated Assessments, outcome focused goal plans and care and support plans to enable individuals to achieve their personal outcomes.
- Following your Assessment order and request equipment and adaptations specific to an individuals needs based on practice guidance/criteria.
- Mentor, and provide support and guidance to individuals, carers, enablers and direct care staff, in the safe use of equipment.
- To provide generic specialist information and advise to individuals on falls prevention and refer on to therapists for further intervention where required
- Review and amend personal outcomes with the individual, consulting with other members of the Integrated team where necessary and appropriate, to enhance their skills and knowledge of managing their own well being and risk.
- Use your expertise of Reablement and Therapy to clinically reason your interventions with individuals, both verbally and in writing your assessments.

- To work with people to ensure that any required care and support needed in the long-term accurately reflects their support needs and enables them to continue to live the life that matters to them.
- Through participation in individual assessments assist the team in managing the demands on the Service, by maximising individuals independence through the provision of Reablement and compensatory techniques, and where possible avoid the dependence on long term care and support packages.
- To work in Partnership with independent sector colleagues to ensure a strengths based approach to Support adopted in the Reablement phase is maintained following transfer
- Provide support to physiotherapy and occupational therapy colleagues with falls prevention intervention and exercises
- Assist in Mentoring new staff members and students across the Integrated Service.
- Use effective communication in a range of settings with a range of individuals and teams
- Participate in regular Therapy, team meetings and case discussions
- Participate in regular supervision and annual appraisals
- Be aware of policies and procedures, and work within clinical governance policies.
- Maintain safe working practices
- Develop and maintain positive and effective working relations

Here's what we can provide you with:-

- An environment and is inclusive and supportive
- Excellent working conditions
- Competative salary
- Pension
- Training Opportunities
- Regular Supervision and appraisals with an "open door" policy

What else you need to know.....Our Values:

Our purpose is underpinned by a clear sense of who we are as an organisation. We expect people who work with us to share a strong value set and expect that these are evident in the ways in which we work and engage with our communities.

Teamwork: We will work with you and our partners to support and inspire everyone to get involved. We will make the best of the ideas, and resources available to make sure we do the things that most positively impact our people and places.

Openness: We are open and honest. People have the chance to be involved and tell us what matters.

Flexibility: We are flexible, enabling delivery of the most effective and efficient services. This means a genuine commitment to working with everyone to embrace new ways of working.

Fairness: We provide opportunities for people and communities to thrive. We will always try to treat everyone fairly and consistently.

Kindness: We will show kindness to all those we work with, putting the importance of relationships and the connections we have with one another at the heart of all interactions.

This role will work with Monmouthshire to achieve these.

In addition:

All employees are responsible for ensuring that they act at all times in a way that is consistent with Monmouthshire's Equal Opportunities Policy in their own area of responsibility and in their general conduct.

The authority operates a Smoke Free Workplace Policy which all employees are required to abide to.



Person Specification

How will we know if you are the right person for the role? As the successful candidate you will have demonstrated:-

Requirements	Weighting High/Medium/Low	Shortlisting criteria
Education/Qualification		
Possesion of, or willingness to undertake NVQ 3 – promoting independance, Agored OT Support Worker dipoma, OT trusted assessor, or equivalent pertinent to the job role	High	Application form/certificates/references
Experience		
Experience of working with People who require Reablement Support including falls, dementia, parkinsons	High	Application form/references
Experience of working in a Integrated health and social care /multi disciplinary environment	High	Application form/references
Experience of providing support to people in their home environment	High	Application form/references
Apptitude and Skills		
You will understand the importance of relationships and that to support people we need to know the person, their experiences and who they are.	High	
Able to work with an enabling approach, in a way that involves getting the person to participate fully in their lives, assisting them to achieve reablement goals and personal outcomes,	High	
To be organised and able to work autonomously when needed	High	
To communicate effectively and adapt your	High	

<p>approach based on the person. You will adjust continually to stay in the moment and support someone according to what matters to them.</p> <p>Be approachable and able to regularly reflect on the quality of life of the person</p>		
<p>You will have a working knowledge of equipment and adaptations, and be able to enhance your knowledge of the range of equipment and adaptations available.</p>	High	
<p>Ability to record coherently and consisely</p>	High	
<p>Ability to use IT systems</p>	Medium	
<p>To demonstrate empathy towards the people we support</p>	High	
<p>Be open to learning and self-reflection and demonstrate your knowledge is up to date This will include maintaince of Continuing Professional Development record</p>	High	
Circumstances		
<p>To be able to access the community to carry out vists within the Monmouthshire area</p> <p>Must possess a full current driving licence and have Access to a vechicle</p>	High	
Equal opportunities		
<p>Clear understanding of equal opportunities</p>		
<p>To be able to advance opportunities for both people we support and staff</p>		

Should you require any further information regarding this post, please Sarah Vaughan Therapy Lead Tel: 01873 735934/07854675185

Closing Date: 12 Noon on 6 September 2024

WELSH LANGUAGE SKILLS FRAMEWORK

LEVEL 1			
<p><i>Can understand basic everyday phrases if the speaker talks slowly and clearly and is willing to help. Can introduce yourself and others and can ask and answer questions regarding basic information, e.g. individual asking to see someone, where is the xxx meeting, toilet etc. Can transfer phone calls pass on a simple message or make a straightforward request, e.g. via e-mail.</i></p>			
UNDERSTANDING	SPEAKING	READING	WRITING
<ul style="list-style-type: none"> ➤ Can understand simple questions: where is the xxx meeting, where is the toilet, who is the person they wish to see. Can understand who to transfer a phone call to etc, 	<ul style="list-style-type: none"> ➤ Can pronounce place names and personal names correctly. ➤ Can greet individuals face to face or over the phone ➤ Can open and close a conversation or open and close a meeting. 	<ul style="list-style-type: none"> ➤ Can read short sentence, e.g. basic signs, simple instructions, agenda items, simple information on forms 	<ul style="list-style-type: none"> ➤ Can open and close an e-mail or letter ➤ Can write personal names, place names, job titles ➤ Can write a simple message to a colleague on paper or e-mail, e.g. such and such has called.
LEVEL 2			
<p><i>Can understand sentences when people talk about everyday situations, e.g. simple personal and family information. Can hold a basic conversation with someone to obtain or exchange straightforward information, e.g. discuss how a person is feeling; something which has happened; simple plan for the future. Can write and read messages in letters or e-mails describing familiar issues and written in short sentences.</i></p>			
UNDERSTANDING	SPEAKING	READING	WRITING
<ul style="list-style-type: none"> ➤ Can understand when people speak slowly about everyday situations, e.g. providing personal information, talking about what they have been doing, what they would like to do, how they feel general ➤ Can understand when people ask you do something 	<ul style="list-style-type: none"> ➤ Can communicate simple information or ask common questions, e.g. to acquire information from an individual ➤ Can use Welsh to get to and emphasise with the individual but not able to conduct the entire conversation or session in Welsh ➤ Can hold a short conversation with an individual or exchange relatively straightforward information ➤ Can contribute to a meeting, but need to revert to English for specialist terms. 	<ul style="list-style-type: none"> ➤ Can read short message and certain letters or e-mails, e.g. those which make a request or ask you to pass on a message 	<ul style="list-style-type: none"> ➤ Can write a short message to a colleague asking a question, thanking her/him, explaining something, e.g. time and place of a meeting ➤ Can write a short letter or e-mail to arrange an appointment
LEVEL 3			
<p><i>Can understand the main points when an individual or colleague is talking about familiar subjects, e.g. during a conversation or small group meeting. Can hold extended conversations with fluent speakers about familiar subjects involving everyday work. Can describe experiences and events and provide concise explanations and reasons for opinions and plans. Can read articles, letters or e-mails about general subjects. Can write letters or e-mails about most subjects, e.g. requesting something; providing information; inviting somebody or organising an event.</i></p>			

UNDERSTANDING	SPEAKING	READING	WRITING
<ul style="list-style-type: none"> ➤ Can understand individuals and colleagues when exchanging information or discussing plans, if the subject is familiar. ➤ Can understand a discussion at a meeting if the subject is familiar. ➤ Can understand individuals and colleagues in a familiar situation or in everyday conversation. 	<ul style="list-style-type: none"> ➤ Can take part in most conversations with colleagues about work and plans if the vocabulary is not too technical. ➤ Can hold a conversation with an individual or exchanging relatively straightforward information. ➤ Can contribute to a meeting but need to revert to English for specialist terms. ➤ Can adapt the style of language to suit the audience. 	<ul style="list-style-type: none"> ➤ Can understand most e-mail messages or letters concerning day to day work. ➤ Can guess the meaning of a word based on context if the subject is familiar. ➤ Can read a simple, straightforward article in a newspaper or magazine types of written material. 	<ul style="list-style-type: none"> ➤ Can write a letter or e-mail to an individual, or colleague about most topics in order to request something; provide an explanation; describe an experience or situation; invite people or organise an event. ➤ Can write relatively accurately when drafting a short information leaflet or poster in Welsh as required.

LEVEL 4

Can usually follow most conversations or discussions, even on unfamiliar topics, Can talk confidently with fluent speakers about familiar subjects relating to work, and an express an opinion, take part in discussion, and talk extensively about general topics, e.g. in meetings or one-to-one situations with individuals. Can understand most correspondence, newspaper articles and reports intended for fluent speakers with the aid of Welsh language resources and can scan long texts to find details. Can complete forms and write reports relating to work and respond accurately.

UNDERSTANDING	SPEAKING	READING	WRITING
<ul style="list-style-type: none"> ➤ Can follow most conversations and discussions with individuals or colleagues even if the subject matter is unfamiliar. 	<ul style="list-style-type: none"> ➤ Can contribute effectively to internal and external meetings in a work context. ➤ Can converse comfortably with individuals and exchange information as required. ➤ Can argue for and against a specific case. ➤ Can chair meetings and answer questions from the chair confidently. 	<ul style="list-style-type: none"> ➤ Can read most correspondence and scan long texts to find details. ➤ Can understand most newspaper articles and reports with the aid of a dictionary. ➤ Can understand texts, unless written in a very formal or colloquial form. 	<ul style="list-style-type: none"> ➤ Can produce correspondence of all types, short reports, documents and literature with support of Welsh language translation aids eg. Cysgeir, cysill.

LEVEL 5

Can understand everything that is being said. Can talk extensively about complex issues, presenting difficult information and can facilitate and summarise extended or complex discussions. Can summarise information from different sources (orally and in writing) and present it in a coherent way. Can express themselves spontaneously, fluently and in detail, adapting the language to suit the audience.

UNDERSTANDING	SPEAKING	READING	WRITING
<ul style="list-style-type: none"> ➤ Can follow all conversations and discussions with individuals or colleagues. ➤ Can understand the ambiguity and nuance of language. 	<ul style="list-style-type: none"> ➤ Can express yourself fully in detail, even when discussing complex issues. ➤ Can adapt the style and register of your language to suit the audience. 	<ul style="list-style-type: none"> ➤ Can read and understand almost all written texts without difficulty, referring to a dictionary occasionally. ➤ Can read long texts to find relevant details and can understand most types of written material. 	<ul style="list-style-type: none"> ➤ Can write reports in a clear style appropriate to the reader with the support of electronic language aids. ➤ Can write formal or informal Welsh as required. ➤ Can write a range of documents accurately and with confidence.



Dewch i ymuno gyda'r tîm!

HYSBYSEB SWYDD

TEITL SWYDD: Gweithiwr Cymorth Ailalluogi Therapi Cymunedol

HYSBYSEB:

Rydym yn edrych am Weithiwr Cymorth Ailalluogi Therapi Cymunedol sydd ag integriti a brwdfrydedd ac yn ymroddedig i gefnogi pobl i gynyddu eu hannibyniaeth i'r uchaf mewn ystod o amgylcheddau. Mae angen i'r unigolyn fod yn angerddol a'n medru gweithio o fewn tîm aml-ddisgyblaeth.

CYFEIRNOD: SAS335

LLEOLIAD: Canolfan Adnoddau Parc Mardy, Y Fenni NP7 6HU

GRADD: BAND F SCP 19 - £29,777 – SCP 23 £32,076 Pro Rata

ORIAU: 22.2 yr wythnos

DROS DRO: Na

GWIRIAD DBS: Mae angen gwiriad (Gwiriad Gwasanaeth Datgelu a Gwahardd)

DYDDIAD CAU: 12pm ar 06 Medi 2024

Gwybodaeth Ychwanegol

Gofynnir i chi nodi na allwn dderbyn CV

Er mwyn gwneud cais am y rôl hon, cwblhewch y ffurflen gais ar-lein sydd ar gael ar y dudalen ganlynol:

<https://www.monmouthshire.gov.uk/jobs-employment/>

Mae modd cyflwyno ceisiadau yn y Gymraeg, ac ni fydd cais a gyflwynir yn y Gymraeg yn cael ei drin yn llai ffafriol na chais a gyflwynir yn Saesneg,

Mae modd rhannu'r holl swyddi os na nodir fel arall.

Mae Cyngor Sir Fynwy yn:-

- cyflogwr cyfle cyfartal ac yn croesawu ceisiadau gan bob rhan o'r gymuned .
- cyflogwr sydd wedi ymrwymo i fod yn hyderus o ran anabledd
- cyflogwr sydd yn gyfeillgar i'r Lluoedd Arfog
- ymwybodol o Awtistiaeth ac wedi ymrwymo i ddileu unrhyw rwystrau at gyflogaeth
- ymrwymo i gefnogi pobl ifanc sydd yn gadael ein gofal i gael cyfleoedd newydd a phrofiad.



PROFFIL Y SWYDD

TEITL SWYDD: Gweithiwr Cymorth Ailalluogi Therapi Cymunedol
PARHAOL

CYFEIRNOD: SAS335

GRADD: BAND F SCP 19 - £29,777 – SCP 23 £32,076 Pro Rata

ORIAU: 22.2 awr yr wythnos

PATRW M GWAITH: Dydd Llun i ddydd Gwener

LLEOLIAD: Canolfan Adnoddau Parc Mardy, Y Fenni, NP7 6HU a all newid yn y dyfodol os oes angen i leoliad y gwasanaeth newid. Ni fyddir yn talu treuliau adleoli neu ymyrryd os yw hyn yn digwydd.

GWIRIAD GAN Y GWASANAETH DATGELU A GWAHARDD (DBS):

Gwiriad Estynedig gan Wirio'r Rhestr Gweithio ag Oedolion

YN ATEBOL I: Therapydd Galwedigaethol Arweiniol

ASESIAD O'R GYMRAEG: Byddai sgiliau yn y Gymraeg yn ddymunol

Gwasanaethau Integredig y Fenni ... **Pwy ydym ni?**

Parc Mardy yw hyb integredig iechyd a gofal cymdeithasol yng ngogledd Sir Fynwy. Mae tîm Gwasanaethau Integredig y Fenni yn cynnwys:

Nyrsio Cymunedol

Ffisiotherapi

Therapi Galwedigaethol

Gwaith Cymdeithasol

Timau gofal uniongyrchol – Cymunedol, preswyl a gofal dydd a Cymorth Busnes

Mae'r tîm yn cefnogi iechyd a llesiant pobl yn y ganolfan a hefyd o fewn y gymuned leol.

DIOGELU:

Mae Diogelu ac Amddiffyn Plant ac Oedolion yn flaenoriaethau allweddol i'r Cyngor. Ein nod yw cefnogi plant ac oedolion sydd mewn risg i fod mor ddiogel ag y gallant ac i gyflawni eu potensial. Mae holl weithwyr a gwirfoddolwyr y Cyngor yn gyfrifol am chwarae rhan yng ngwaith lles, diogelu ac amddiffyn plant ac oedolion sydd mewn risg. Bydd yr holl weithwyr a gwirfoddolwyr yn cael eu hyfforddi i'r lefel briodol o ddiogelu ac mae ganddynt ddyletswydd i gyflawni eu cyfrifoldebau personol dros ddiogelu.

Ein Diben:-

Rydym yn hyrwyddo asesiad seiliedig ar berthynas a phrofiad derbyn gofal a chymorth sy'n galluogi bywyd mwy naturiol, yn hyrwyddo dewis, rheolaeth ac annibyniaeth ac yn diwallu anghenion cymdeithasol ac emosiynol y bobl a gefnogwn.

Rydym yn hyrwyddo cefnogi unigolion i ddatblygu eu deilliannau personol yn seiliedig ar yr hyn sy'n bwysig iddynt.

Pwrpas y swydd-

Rydym yn edrych am Weithiwr Cymorth Ailalluogi Therapi Cymunedol sy'n angerddol, brwdfrydig, dibynadwy ac a all arwain drwy enghraifft. Rhywun a all weithredu Cymorth Ailalluogi, ynghyd â thîm amlddisgyblaeth o gydweithwyr Iechyd a Gofal Cymdeithasol a phartneriaid sector gwirfoddol mewn ystod o amgylcheddau. Dylech fedru cefnogi unigolion wrth sefydlu eu deilliannau personol a defnyddio ymyriadau therapiwtig i'w cynorthwyo wrth gyflawni'r rhain fel y cawsant eu dirprwyo.

Disgwyliadau a Chanlyniadau'r Rôl:-

Byddai angen i chi ddefnyddio sgiliau cyfathrebu cydweithiol i annog pobl i wneud pethau drostynt eu hunain, a lle bynnag sy'n bosibl helpu pobl i adennill eu hannibyniaeth. Bydd angen i chi gael gwybodaeth eang o offer ac addasiadau addas y gellir eu rhagnodi i wella annibyniaeth unigolion a lle'n bosibl gostwng dibyniaeth ar ofal a chymorth hirdymor.

Byddwch yn cynnal rhaglenni therapiwtig a amlinellir yn y cynllun ailalluogi, gwerthuso a monitro cynnydd person a rhoi diweddariadau rheolaidd i'r therapydd arweiniol am gynnydd neu fel arall.

Eich cyfrifoldebau yw:-

- Gweithio'n agos gyda'r therapyddion ac aelodau tîm arall o fewn y gwasanaeth integredig, edrych ar amgennau i ofal a chymorth gan ddefnyddio syniadau, dulliau, offer ac addasiadau creadigol
- Ymgymryd â phob agwedd o ddyletswyddau adsefydlu/ailalluogi a ragnodwyd dan gyfarwyddyd y staff therapi.
- Cydlynu gyda meddygon teulu, gweithwyr proffesiynol gofal iechyd eraill, gweithwyr tai a phartneriaid sector gwirfoddol.
- O fewn y cynllun dirprwyo, gwneud penderfyniadau annibynnol yn seiliedig ar gymhwysedd therapiwtig a cheisio arweiniad proffesiynol gan ffisiotherapyddion a therapyddion galwedigaethol.
- Darparu'r cymorth ailalluogi angenrheidiol ar gyfer pobl a'u gofalwyr i gyflawni'r deilliannau/nodau personol a gynlluniwyd ac a gytunwyd gan y tîm amlddisgyblaeth
- Cwblhau neu gyfrannu at asesiadau integredig, cynlluniau nod gyda ffocws ar ddeilliannau a chynlluniau gofal a chymorth i alluogi unigolion i gyflawni eu deilliannau personol
- Dilyn eich gorchymyn asesu a gofyn am offer ac addasiadau penodol i anghenion unigolyn yn seiliedig ar ganllawiau/meini prawf ymarfer
- Mentora a rhoi cymorth ac arweiniad i unigolion, gofalwyr, galluogwyr a staff gofal uniongyrchol, mewn defnyddio offer yn ddiogel
- Darparu gwybodaeth arbenigol cyffredinol a chyngor i unigolion ar atal cwmpadau a chyfeirio i therapyddion ar gyfer ymyriad pellach lle mae angen

- Adolygu a diwygio deilliannau personol gyda'r unigolyn, gan ymgynghori gydag aelodau eraill o'r tîm integredig lle'n angenrheidiol a phriodol, i wella eu sgiliau a gwybodaeth o reoli eu llesiant a risg eu hunain
- Defnyddio eich arbenigedd o ailalluogi a therapi i roi rheswm clinigol am eich ymyriadau gydag unigolion, mewn llafar ac wrth ysgrifennu eich asesiadau
- Gweithio gyda phobl i sicrhau fod unrhyw ofal a chymorth sydd ei angen yn yr hirdymor yn adlewyrchu eu hanghenion cymorth yn gywir ac yn eu galluogi i barhau i fyw y bywyd sy'n bwysig iddynt
- Drwy gymryd rhan mewn asesiadau unigol, cynorthwyo'r tîm i reoli'r gofynion ar y gwasanaeth, drwy gynyddu annibyniaeth unigolion drwy ddarparu technegau ailalluogi a gwneud iawn, a lle'n bosibl osgoi eu dibyniaeth ar becynnau gofal a chymorth hirdymor
- Gweithio mewn partneriaeth gyda chydweithwyr yn y sector annibynnol i sicrhau y caiff dull gweithredu seiliedig ar gryfder at gymorth a ddefnyddiwyd yn y cyfnod ailalluogi yn dilyn trosglwyddo
- Rhoi cymorth i gydweithwyr ffisiotherapi a therapi galwedigaethol gydag ymyriad ac ymarferion atal cwympiadau
- Cynorthwyo mewn mentora aelodau newydd o staff a myfyrwyr ar draws y gwasanaeth integredig
- Defnyddio cyfathrebu effeithlon mewn amrywiaeth o leoliadau gydag ystod o unigolion a thimau
- Cymryd rhan mewn therapi rheolaidd, cyfarfodydd tîm a thrafodaethau achos
- Cymryd rhan mewn goruchwyliaeth rheolaidd a gwerthusiadau blynyddol
- Gwybod am bolisiau a gweithdrefnau a gweithio o fewn polisiau llywodraethiant clinigol
- Cynnal arferion gwaith diogel
- Datblygu a chynnal cysylltiadau gwaith cadarnhaol ac effeithlon

Dyma'r hyn y gallwn ei ddarparu i chi:-

- Amgylchedd cynhwysol a chefnogol
- Amodau gwaith rhagorol
- Cyflog cystadleuol
- Pensiwn
- Cyfleoedd hyfforddiant
- Goruchwyliaeth reolaidd a gwerthusiadau gyda pholisi "drws agored"

Beth arall sydd angen i chi wybod.....Ein Gwerthoedd:

Caiff ein diben ei seilio ar ymdeimlad glir o bwy ydym fel sefydliad. Disgwylwn i'r bobl sy'n gweithio gyda ni i rannu set gref o werthoedd a disgwylwn y bydd y rhain yn amlwg yn y ffyrdd y gweithiwn ac yr ymgysylltw'n gyda'n cymunedau.

Gwaith tîm: Byddwn yn gweithio gyda chi a'ch partneriaid i gefnogi ac ysbrydoli pawb i gymryd rhan. Byddwn yn gwneud y gorau glas o'r syniadau a'r adnoddau sydd ar gael i sicrhau ein bod yn gwneud y pethau sy'n cael yr effaith fwyaf cadarnhaol ar ein pobl a'n lleoedd.

Tryloywder: Rydym yn agored ac yn onest. Mae pobl yn cael cyfle i gymryd rhan a dweud wrthym beth sy'n bwysig.

Hyblygrwydd: Rydym yn hyblyg, gan alluogi darparu'r gwasanaethau mwyaf effeithlon ac effeithiol. Mae hyn yn golygu ymrwymiad gwirioneddol i weithio gyda phawb i groesawu ffyrdd newydd o weithio.

Tegwch: Rydym yn rhoi cyfleoedd i bobl a chymunedau i ffynnu. Byddwn bob amser yn ceisio trin pawb yn deg ac yn gyson.

Caredigrwydd: Byddwn yn dangos caredigrwydd i bawb y gweithiwn gyda nhw, gan roi pwysigrwydd perthynas a'r cysylltiadau sydd gennym gyda'n gilydd wrth galon pob rhyngweithio.

A bydd y rôl hon yn gweithio gyda Sir Fynwy er mwyn cyflawni hyn.

Yn ychwanegol at hyn:

Mae'r holl weithwyr yn gyfrifol am sicrhau eu bod yn gweithredu bob amser mewn ffordd sy'n gydnaws â Pholisi Cyfle Cyfartal Sir Fynwy yn eu meysydd o gyfrifoldeb ac fel rhan o'u hymddygiad cyffredinol.

Mae Cyngor Sir Fynwy yn gweithredu polisi Dim Ymysgu yn y Gweithle ac mae disgwyl i'r holl weithwyr i gydymffurfio gyda hyn.



Manyleb Person

Sut fyddwn ni yn gwybod os mai chi yw'r person cywir ar gyfer y swydd? Fel yr ymgeisydd llwyddiannus byddwch wedi dangos:

Gofynion	Pwysiad Uchel/Canolig/Isel	Meini prawf rhestr fer
Addysg/Cymhwyster		
Meddu ar neu barodrwydd i ymgymryd â NVQ – hyrwyddo annibyniaeth, diploma Gweithiwr Cymorth Therapi Galwedigaethol Agored	Uchel	Ffurflen gais/tystysgrifau/tystlythyrau
Profiad		
Profiad o weithio gyda phobl sydd angen cymorth ailalluogi yn cynnwys cwympiadau, dementia, clefyd Parkinson	Uchel	Ffurflen gais/tystlythyrau
Profiad o weithio mewn amgylchedd aml-ddisgyblaeth integredig iechyd a gofal cymdeithasol	Uchel	Ffurflen gais/tystlythyrau
Profiad o roi cymorth i bobl yn eu hamgylchedd cartref	Uchel	Ffurflen gais/tystlythyrau
Doniau a Sgiliau		
Byddwch yn deall pwysigrwydd perthnasau ac i gefnogi pobl mae angen i ni adnabod eu person, eu profiadau a phwy ydynt	Uchel	
Gallu i weithio o fewn dull gweithredu galluogi, mewn ffordd sy'n cynnwys cael y person i gymryd rhan lawn yn eu bywydau, gan eu cynorthwyo i gyflawni nodau ailalluogi a deilliannau personol	Uchel	
Bod yn drefnus a medru gweithio'n annibynnol pan fo angen	Uchel	
Cyfathrebu'n effeithlon ac addasu eich dull gweithredu yn seiliedig ar y person. Byddwch yn addasu'n barhaus i aros yn y foment a chefnogi rhywun yn ôl yr hyn sy'n bwysig iddynt. Byddwch yn agos at bobl ac yn medru rhoi ystyriaeth yn rheolaidd i ansawdd bywyd y person	Uchel	
Bydd gennych wybodaeth waith o offer ac addasiadau a medru	Uchel	

cynyddu eich gwybodaeth o ystod offer ac addasiadau sydd ar gael		
Gallu i gofnodi yn gydlynus a chryno	Uchel	
Gallu i ddefnyddio systemau technoleg gwybodaeth	Canolig	
Dangos cydymdeimlad tuag at y bobl a gefnogwn	Uchel	
Bod yn agored i ddysgu a hunan-fyfyrio a dangos bod eich gwybodaeth yn gyfredol. Bydd hyn yn cynnwys cynnal cofnod Datblygiad Proffesiynol Parhaus	Uchel	
Amgylchiadau		
Medru cael mynediad i'r gymuned i gynnal ymweliadau o fewn ardal Sir Fynwy. Rhaid meddu ar drwydded yrru gyfredol lawn a bod â mynediad i gerbyd	Uchel	
Cyfle cyfartal		
Dealltwriaeth glir o gyfle cyfartal		
Medru hybu cyfleoedd ar gyfer y bobl a gefnogwn a hefyd staff		

Os ydych angen unrhyw wybodaeth bellach am y swydd hon, cysylltwch â Sarah Vaughan, Arweinydd Therapi Ffôn: 01873 735934/07854675185

Dyddiad Cau: 12 canol-dydd ar 06 Medi 2024

FFRAMWAITH SGILIAU YN Y GYMRAEG

LEFEL 1

Gall ddeall ymadroddion sylfaenol bob dydd os yw'r siaradwr yn siarad yn araf ac yn glir ac yn fodlon helpu. Gall gyflwyno ei hunan ac eraill a gall ofyn ac ateb cwestiynau am wybodaeth sylfaenol e.e. unigolyn yn gofyn am weld rhywun, ble mae cyfarfod xxx, toiled ac yn y blaen. Gall drosglwyddo galwadau ffôn, cyfleu neges fer neu wneud cais syml e.e. drwy e-bost.

DEALL	SIARAD	DARLLEN	YSGRIFENNU
<ul style="list-style-type: none"> ➤ Gall ddeall cwestiynau syml: lle mae cyfarfod xxx, pwy yw'r person y dymunant ei weld. Gall ddeall i bwy i drosglwyddo galwad ffôn ac yn y blaen. 	<ul style="list-style-type: none"> ➤ Gall ynganu enwau lleoedd ac enwau personol yn gywir. ➤ Gall gyfarch unigolion wyneb yn wyneb neu dros y ffôn. ➤ Gall agor a chau sgwrs neu agor a chau cyfarfod. 	<ul style="list-style-type: none"> ➤ Gall ddarllen brawddeg fer, e.e. arwyddion syml, cyfarwyddiadau syml, eitemau agenda, gwybodaeth syml ar ffurflenni. 	<ul style="list-style-type: none"> ➤ Gall agor a chau neges e-bost neu lythyr. ➤ Gall ysgrifennu enwau personol, enwau lleoedd, teitlau swyddi. ➤ Gall ysgrifennu neges syml i gydweithiwr ar bapur neu e-bost e.e. mae hwn a hon wedi galw.

LEFEL 2

Gall ddeall brawddegau pan mae pobl yn siarad am sefyllfaoedd bob dydd, e.e. gwybodaeth bersonol a theuluol syml. Gall gynnal sgwrs sylfaenol gyda rhywun i gael neu gyfnewid gwybodaeth syml, e.e. trafod sut mae person yn teimlo; rhywbeth a ddigwyddodd; cynllun syml ar gyfer y dyfodol. Gall ysgrifennu a deall negeseuon mewn llythyrau neu negeseuon e-bost yn disgrifio materion cyfarwydd ac ysgrifennu mewn brawddegau byr.

DEALL	SIARAD	DARLLEN	YSGRIFENNU
<ul style="list-style-type: none"> ➤ Gall ddeall pan mae pobl yn siarad yn araf am sefyllfaoedd bob dydd e.e. rhoi gwybodaeth bersonol, siarad am beth fuont yn ei wneud, yr hyn yr hoffent ei wneud, sut y teimlant yn gyffredinol ➤ Gall ddeall pan mae pobl yn gofyn iddynt wneud rhywbeth 	<ul style="list-style-type: none"> ➤ Gall gyfathrebu gwybodaeth syml neu ofyn cwestiynau cyffredin, e.e. cael gwybodaeth gan unigolion. ➤ Gall ddefnyddio'r Gymraeg i gyrraedd a dangos empathi gydag unigolyn ond dim i gynnal yr holl sgwrs neu sesiwn yn y Gymraeg. ➤ Gall gynnal sgwrs fer gydag unigolyn neu gyfnewid gwybodaeth cymharol syml. ➤ Gall gyfrannu at gyfarfod ond bydd angen troi i'r Saesneg ar gyfer termau arbenigol. 	<ul style="list-style-type: none"> ➤ Gall ddarllen negeseuon byr a rhai llythyrau neu negeseuon e-bost, e.e. rhai sy'n gwneud cais neu'n gofyn am gyfleu neges 	<ul style="list-style-type: none"> ➤ Gall ysgrifennu neges fer at gydweithiwr yn gofyn cwestiwn, yn diolch iddo/iddi, esbonio rhywbeth e.e. amser a lle cyfarfod ➤ Gall ysgrifennu llythyr neu neges e-bost byr i drefnu apwyntiad

LEFEL 3

Gall ddeall y prif bwyntiau pan mae unigolyn neu gydweithiwr yn siarad am bynciau cyfarwydd e.e. yn ystod sgwrs neu gyfarfod grŵp bach. Gall gynnal sgysiau estynedig gyda siaradwyr rhugl am bynciau cyfarwydd yn ymwneud â gwaith bob dydd. Gall ddisgrifio profiadau a digwyddiadau a rhoi esboniadau am a rhesymau cryno am farnau a chynlluniau. Gall ddarllen erthyglau, llythyrau neu negeseuon e-bost am bynciau cyffredinol. Gall ysgrifennu llythyrau neu negeseuon e-bost am y rhan fwyaf o bynciau, e.e. yn gofyn am rywbeth; rhoi gwybodaeth; gwahodd rhywun neu drefnu digwyddiad.

DEALL	SIARAD	DARLLEN	YSGRIFENNU
<ul style="list-style-type: none"> ➤ Gall ddeall unigolion a chydweithwyr wrth gyfnewid gwybodaeth neu drafod cynlluniau, os yw'r pwnc yn gyfarwydd. ➤ Gall ddeall trafodaeth mewn cyfarfod os yw'r pwnc yn gyfarwydd. ➤ Gall ddeall unigolion a chydweithwyr mewn sefyllfa gyfarwydd neu mewn sgwrs bob dydd. 	<ul style="list-style-type: none"> ➤ Gall gymryd rhan yn y rhan fwyaf o sgysiau gyda chydweithwyr am waith a chynlluniau os nad yw'r eirfa yn rhy dechnegol. ➤ Gall gynnal sgwrs gydag unigolyn neu gyfnewid gwybodaeth cymharol syml. ➤ Gall gyfrannu at gyfarfod ond gall fod angen troi i'r Saesneg am dermau arbenigol. 	<ul style="list-style-type: none"> ➤ Gall ddeall y rhan fwyaf o negeseuon e-bost neu lythyrau'n ymwneud â gwaith dydd i ddydd. ➤ Gall ddyfalu ystyr gair yn seiliedig ar gyddestun os yw'r pwnc yn gyfarwydd. ➤ Gall ddarllen erthygl syml a rhydd mewn papurau newydd neu fathau o ddeunydd ysgrifenedig mewn cylchgrawn. 	<ul style="list-style-type: none"> ➤ Gall ysgrifennu llythyr neu neges e-bost at unigolyn neu gydweithiwr am y rhan fwyaf o bynciau er mwyn gofyn am rywbeth; rhoi esboniad; disgrifio profiad neu sefyllfa; gwahodd pobl neu drefnu digwyddiad.



- Gall addasu cywair iaith i weddu i'r gynulleidfa.

LEFEL 4

Gall fel arfer ddilyn y rhan fwyaf o sgysiau neu drafodaethau, hyd yn oed ar bynciau anghyfarwydd. Gall siarad yn hyderus gyda siaradwyr rhugl am bynciau cyfarwydd yn ymwneud â gwaith, a mynegi barn, cymryd rhan mewn trafodaeth a siarad yn helaeth am bynciau cyffredinol e.e. mewn cyfarfodydd neu sefyllfaoedd un-i-un gydag unigolion. Gall ddeall y rhan fwyaf o ohebiaeth, erthyglau papur newydd ac adroddiadau a fwriedir ar gyfer siaradwyr rhugl gyda chymorth adnoddau Cymraeg a gall fwrw golwg dros destunau hir i ganfod manylion. Gall lenwi ffurflenni ac ysgrifennu adroddiadau'n ymwneud â gwaith ac ymateb yn gywir.

DEALL	SIARAD	DARLLEN	YSGRIFENNU
<ul style="list-style-type: none"> ➤ Gall ddilyn y rhan fwyaf o sgysiau a thrafodaethau gydag unigolion neu gydweithwyr hyd yn oed os yw'r deunydd pwnc yn anghyfarwydd. 	<ul style="list-style-type: none"> ➤ Gall gyfrannu'n effeithlon at gyfarfodydd mewnol ac allanol mewn cyd-destun gwaith. ➤ Gall sgwrsio'n gysurus gydag unigolion a chyfnewid gwybodaeth fel sydd angen. ➤ Gall ddadlau dros ac yn erbyn achos penodol. ➤ Gall gadeirio cyfarfodydd ac ateb cwestiynau o'r gadair yn hyderus. 	<ul style="list-style-type: none"> ➤ Gall ddarllen y rhan fwyaf ohebiaeth a bwrw golwg ar destunau hir i ganfod manylion. ➤ Gall ddeall y rhan fwyaf o erthyglau ac adroddiadau papur newydd gyda chymorth geiriadur. ➤ Gall ddeall testunau, os na ysgrifennwyd mewn dull ffurfiol iawn neu dafodieithol. 	<ul style="list-style-type: none"> ➤ Gall gynhyrchu gohebiaeth o bob math, adroddiadau byr, dogfennau a llenyddiaeth gyda chymorth offer cyfieithu Cymraeg e.e. Cysgair, Cysill.

LEFEL 5

Gall ddeall popeth a gaiff ei ddweud. Gall siarad yn helaeth am faterion cymhleth, gan gyflwyno gwybodaeth anodd a gall hwyluso a chrynhoi trafodaethau estynedig neu gymhleth. Gall grynhoi gwybodaeth o wahanol ffynonellau (yn llafar ac yn ysgrifenedig) a'i chyflwyno mewn modd cydlynus. Gall fynegi ei hunan yn fyrfyr, rhugl ac yn fanwl, gan addasu'r iaith i weddu i'r gynulleidfa.

DEALL	SIARAD	DARLLEN	YSGRIFENNU
<ul style="list-style-type: none"> ➤ Gall ddilyn pob sgwrs a thrafodaeth gydag unigolion neu gydweithwyr. ➤ Gall ddeall amwysedd a naws iaith. 	<ul style="list-style-type: none"> ➤ Gall fynegi ei hunan yn fanwl, hyd yn oed wrth drafod materion cymhleth ➤ Gall addasu arddull a chywair yr iaith i weddu i'r gynulleidfa. 	<ul style="list-style-type: none"> ➤ Gall ddarllen a deall bron bob testun ysgrifenedig heb anhawster, gan ddefnyddio geiriadur yn achlysurol. ➤ Gall ddarllen testunau hir i ganfod manylion perthnasol a gall ddeall y rhan fwyaf o fathau o ddeunydd ysgrifenedig. 	<ul style="list-style-type: none"> ➤ Gall ysgrifennu adroddiadau mewn arddull glir addas i'r darlennydd gyda chefnogaeth offer cymorth iaith electronig. ➤ Gall ysgrifennu Cymraeg ffurfiol neu anffurfiol yn ôl yr angen. ➤ Gall ysgrifennu ystod o ddogfennau yn gywir ac yn hyderus.