

# My Day, My Life Review

Information about our review into a day support service for adults with a learning disability in North Monmouthshire



This document was written by Practice Solutions Ltd. It is an easy read version of 'Monmouthshire's My Day, My Life service for adults with learning disabilities review'.

January 2023

# Introduction



We are **Practice Solutions Ltd.** We work to support health and social care services to do better.



Monmouthshire County Council asked us to do a **review** of a **day support service** in North Monmouthshire.



A **review** is when we check a plan or how something is working to make sure we are working in the best way.



The **day support service** is called **My Day, My Life.** It is for adults with learning disabilities.

**In November and December 2022 we gathered the views, experiences and opinions of:**



- people who are using the service



- people who may use the service in the future
- and staff who deliver the service.

To make sure everyone could have their voice heard, we gathered views in different ways. We:



- talked to people face to face



- talked to people online



- ran activities that helped people share their interests and hopes for the future.

# What next?



We will use what people shared with us to write a report.



The report will include our suggestions for what should happen to the service in the future.



The report will focus on how the service makes a difference to the people who use it.



We will ask staff, people using the service and their families to come to a meeting in **February 2023**.



We will ask them their views on the draft report, and on our suggestions for what should happen to the service in the future.



The draft report of the **review** will be available in Easy Read and in English.



We will write the final report in **March 2023**.



If you have any questions about the **review**, you can email **Monmouthshire County Council**: [communications@monmouthshire.gov.uk](mailto:communications@monmouthshire.gov.uk)



You can find out more about the **review** on the **Monmouthshire County Council** website: [www.monmouthshire.gov.uk/tudorstreet](http://www.monmouthshire.gov.uk/tudorstreet)



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