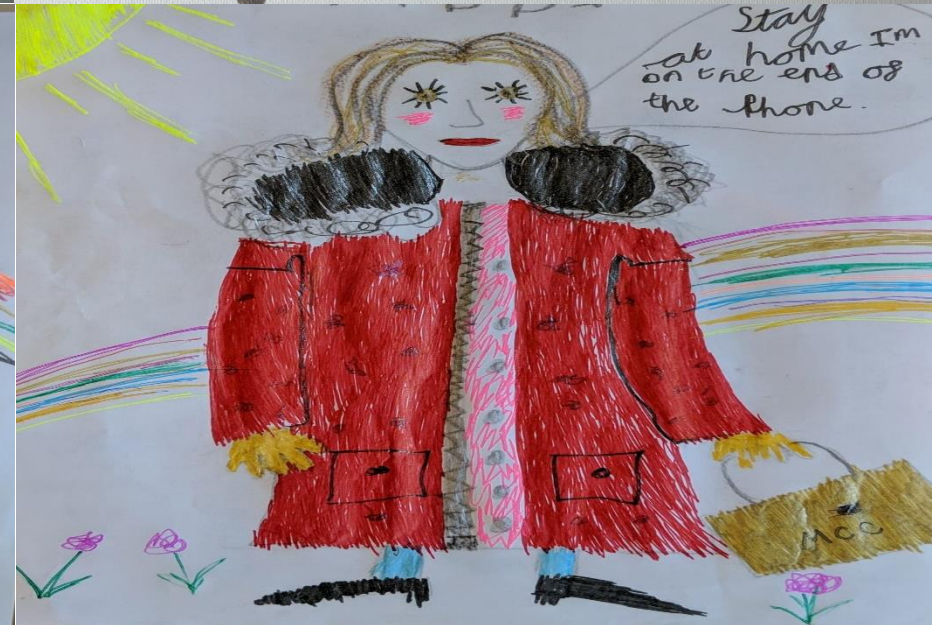




**MON WORKFORCE
DEVELOPMENT**
WHERE YOU MATTER

FOSTER CARE E-LEARNING PROGRAMME 2021/2022



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MCC E-LEARNING AND DEVELOPMENT PLAN FOR FOSTER CARERS 2021/2022

CORE TRAINING

TO BE COMPLETED BY ALL CARERS

LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
<p>Child Development</p>	<p>CHILD DEVELOPMENT FOSTERING LEARNING OUTCOMES- 1 CREDIT</p> <p>This course provides understanding around the area of child development, and enables foster carers to relate what they've learned to their own role in working with young people. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none"> To describe the different stages of child development To gain a basic understanding of how children of all ages form attachments, and how these affect their ongoing development To understand the important developmental needs of children and young people in your care To understand how play, hobbies, and interests are important for children and young people's learning and development To understand the contribution that family, caring, and social networks make to the development of children and young people <p>CHILD DEVELOPMENT ADVANCED LEARNING OUTCOMES – 1 CREDIT</p> <p>This course aims to help learners understand the nature of child development, the impact of adverse circumstances, and ways in which to improve outcomes for children and young people. The course is suitable for those caring for or working with vulnerable young children, who want to develop their knowledge of child development and understand how this links to the young person's personal life. The learning objectives are as follows:</p> <ul style="list-style-type: none"> To understand what child development is To identify the stages of development To explore theories of child development To explore behavioural and social learning theory To identify red flags To consider brain development and what impacts it 	<p>Not Required</p>	<p>www.thetraininghub.co.uk</p>
<p>Safeguarding L1 Awareness</p>	<p>A Sway has been produced which is specific to Monmouthshire County Council</p>	<p>Every 2 years</p>	<p>SAFEGUARDING AWARENESS</p>
<p>Safer Caring and Allegations</p>	<p>MANAGING ALLEGATIONS LEARNING OUTCOMES – 1 CREDIT</p> <p>Discussing safer caring and allegations in care can be an emotive topic, bringing up difficult experiences for some people. All training around safer caring and allegations is focused on achieving the best and safest of standards. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none"> To understand the boundaries of personal competence and responsibility, when to involve others, and where to seek advice and support To understand when carers are required to consult with a manager/designated person To understand what will happen once they have informed someone about those concerns To gain basic information and background about the legislative framework, within which children's welfare is safeguarded and promoted To know where to get help and support during an investigation 	<p>Not Required</p>	<p>www.thetraininghub.co.uk</p>





LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
<p>Supporting Education and Development</p>	<p>PROMOTING EDUCATION SPECIALIST – 1 CREDIT</p> <p>To care for children to the best of your ability, it’s important that you know the ins and outs of the education system – and specifically how it affects looked after children. This course will give an overview of the education system, as well as an outline of the crucial milestones that your child or young person will encounter.</p> <p>The course will also discuss the issues the young person might face, as well the additional funding you have access to. It will also tackle the newly revised GCSE grading system. The learning objectives for this course are as follows:</p> <p>To understand a framework of the education system in England To know the appropriate information on legislation To develop an awareness of the specific needs and difficulties that children and young people in care may face To understand how to promote educational achievement To develop an awareness of strategies to support children at home To be able to find further advice and guidance when required</p>	<p>Not Required</p>	<p>www.thetraininghub.co.uk</p>
<p>Working with Birth Families and Contact</p>	<p>WORKING WITH BIRTH FAMILIES WITHIN FOSTERING & ADOPTION LEARNING OUTCOMES – 1 CREDIT</p> <p>It’s inevitable that in your role as a foster carer, you’ll have to work in close proximity with birth parents. This is often a calm and agreeable situation for both parties. But sometimes it can be tenuous. To help you in your role, this course will cover the basics of working with birth parents.</p> <p>The course will provide an overview of the key legislation (The Children's Act 1989) and will define exactly what parental responsibility and delegate authority both are. It will discuss permanency planning and the various options; it will help you to manage contact effectively, and it will help you work together with birth parents. The learning objectives for this course are as follows:</p> <p>To understand The Children's Act 1989 To know what parental responsibility is To know what delegated authority is To understand permanency planning To understand managing contact with the birth family To understand working with birth parents</p>	<p>Not Required</p>	<p>www.thetraininghub.co.uk</p>
<p>Recording, Presenting and Information Sharing</p>	<p>REPORTING & RECORDING LEARNING OUTCOMES – 1 CREDIT</p> <p>The files you keep are vital. For the children, they are a record of their lives, sometimes even a record of their memories. And for carers and staff, they are vital for the running of an effective team. The course will look at why recording is important and why you need to make sure you do it correctly. Following on from that, it will look at how you can improve your report writing skills and how you can write with integrity and uphold confidentiality. The learning objectives for this course are as follows:</p> <p>To know the who and why of good recording To be aware of the National Minimum Standards To be able to record with integrity To hone your report writing skills To understand reflective practice and analytical skills To understand the importance of confidentiality and data protection To understand the importance of safeguarding when recording</p> <p>Reporting and recording is an essential necessity, and the accurate recording of information in a child or young person’s life is one of the most important elements of a carer’s role.</p>	<p>Not Required</p>	<p>www.thetraininghub.co.uk</p>






LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
	<p>REPORTING & RECORDING ADVANCED LEARNING OUTCOMES – 1 CREDIT</p> <p>This advanced course will look at exactly why keeping records and writing reports is so important. It will help the learners to understand how to record precisely and accurately. The learning objectives for this course are as follows:</p> <ul style="list-style-type: none"> To consider the purpose of recording To identify stakeholders in recording To discuss ethical recording issues To differentiate between fact, opinion, and judgement To understand the records lifecycle To identify key issues in spelling, punctuation, and grammar To identify key recording principles <p>GDPR LEARNING OUTCOMES – 1 CREDIT</p> <p>GDPR is finally here. You’ve probably heard about The General Data Protection Regulation (GDPR), and you’ve most likely received a lot of emails from companies updating their privacy policies – but do you fully understand it? This course will look at GDPR, how it applies to you, and the government bodies enforcing it. It will examine the common mistakes and terminology you will encounter, all to ensure you have the best possible knowledge to look after the children and young people in your care. By the end of this training you will be able to:</p> <ul style="list-style-type: none"> To understand ‘personal information confidentiality’ To know the basic terms and principles To be able to identify who or where the weakest link is To know who will be policing the GDPR To know what a DPO is To know which policies are required To know the first steps a carer should take 		
<p>Transitions for Children and Young People</p>	<p>TRANSITION & VULNERABILITY LEARNING OUTCOMES – 1 CREDIT</p> <p>This course provides foster carers with the understanding and tools to enable children and young people to build resilience and make successful transitions. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none"> To gain an understanding of the importance of assisting a child through transition To recognise the impact that transition can have on vulnerable children and young people To explore the implications/issues that arise from moving a child on To identify how to build resilience in children to support them through transition To identify the features of a successful transition and how to plan for this To review legislation regarding 16 plus young people and the Children (Leaving Care) Act To look at life story work and its relevance to your role 	<p>Not Required</p>	<p>www.thetraininghub.co.uk</p>
<p>Life Journey Work</p>	<p>Learning outcomes are as follows:</p> <p>Staff will learn about the long term benefits of completing good quality Life Journey Work and become confident in using the proposed Life Journey Work tool called <u>My Story So Far...</u></p> <p>Staff will become familiar and better understand the Life Journey Work Framework and the Life Journey Good Practice Guide as devised by the National Adoption Service and the role of each professional involved in the completion of Life Journey Work</p> <p>Professionals involved in completing Life Journey Work will better communicate and work together in order to achieve good quality pieces of work</p>		<p>Please email for dates available</p> <p>Raluca.miklovits@blaenau-gwent.gov.uk</p>





LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
<p>Promoting Good Health and Well-being:</p> <p><i>SOME WILL HAVE COVERED THIS DURING CONFIDENCE IN CARE TRAINING</i></p>	<p>HEALTH & NUTRITION LEARNING OUTCOMES – 1 CREDIT</p> <p>This course enables learners to understand how they can help children and young people to be healthy, and stay healthy. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none"> To know what a balanced diet is To be aware of Every Child Matters, in relation to health and nutrition To understand the importance of exercise for young people To understand the importance of eating well 	Not Required	<p> YPSG leaflet bilingual newport.pdf</p> <p>www.thetraininghub.co.uk</p>
<p>Understanding Challenging Behaviour and Promoting Positive Strategies</p>	<p>MANAGING CHALLENGING BEHAVIOUR LEARNING OUTCOMES – 1 CREDIT</p> <p>This course will help foster carers to understand the complexities of challenging behaviours, and will enable them to assess and understand the underlying needs, which can then be addressed through the promotion of alternative constructive behaviours. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none"> To understand and define challenging behaviour To know the various types of challenging behaviour To know the triggers that lead to challenging behaviour To know how to effectively deal with challenging situations To understand challenging behaviour To be aware of strategies to manage challenging behaviour 	Not Required	<p>www.thetraininghub.co.uk</p>
<p>Advocacy and Children's Rights</p>	<p>ADVOCACY LEARNING OUTCOMES – 1 CREDIT</p> <p>Young people do not always feel listened to or involved in care planning decisions. This is why an advocate can be so important. Advocacy is about representing the views, wishes, and needs of children and young people to decision-makers and helping them to navigate the system. Children have a right to an advocate to speak on their behalf in their dealings with the care system. This course will explain advocacy and the roles and responsibilities of an independent advocate. It will also explain what makes a great advocate and the different kinds of advocacy available. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none"> To understand independent advocacy To understand the roles and responsibilities of an independent advocate To explain principles and values underpinning independent advocacy To understand advocacy standards To be able to explain different types of advocacy support and their purpose 	Not required	<p>www.thetraininghub.co.uk</p>
<p>Health and Safety</p>	<p><i>There are a number of courses that come under health and safety and they are listed below. If you are unsure whether you need to complete them all please discuss with your Supervising Social Worker</i></p> <p>FIRE SAFETY LEARNING OUTCOMES – 1 CREDIT</p> <p>Once a fire starts, it can spread, destroy, and kill very quickly – so it's crucial that you know how to deal with it promptly if you ever face this situation in your own setting. This comprehensive course will look at just how dangerous fire and smoke can be, as well as how you can combat different types of fires. It will also reinforce your confidence in choosing the right equipment for the right situation. The learning objectives for this course are as follows:</p> <ul style="list-style-type: none"> To improve awareness of the dangers of fire and smoke To gain awareness of all fire safety measures in the home To understand the appropriate actions in the event of a fire 	Some of the courses in the Health & Safety section will require a refresher please contact Rachel Cox at socialservices.trainadmin@monmouthshire.gov.uk for more information	<p>www.thetraininghub.co.uk</p>





LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
	<p>To gain confidence in identifying and operating firefighting equipment To gain an awareness of potential fire hazards in the home</p> <p>FOOD SAFETY FOUNDATION LEARNING OUTCOMES – 1 CREDIT</p> <p>This Food Safety and Hygiene course contains essential information on all aspects of food hygiene. The course will help carers to understand the importance of correct food handling and storage, personal hygiene, preventative measures, and effective controls and procedures. The main learning objectives of the course are as follows:</p> <p>To understand food safety To be aware of your role and responsibilities To understand personal hygiene, cleaning, and storage To understand contamination and pest control To understand temperature control To know the legal requirements</p> <p>HEALTH & SAFETY LEARNING OUTCOMES – 1 CREDIT</p> <p>Health and safety is something every person should be aware of, but it is especially vital for people working with vulnerable members of society. This course is designed for people who want to receive training in health and safety, and it is specifically tailored for people who care for children and young people. The learning objectives for this course are as follows:</p> <p>To have an introduction to health and safety To be aware of home hazards To understand home conditions To know home procedures</p> <p>INFECTION CONTROL LEARNING OUTCOMES – 1 CREDIT</p> <p>This course aims to provide an understanding of the obligations you have to manage the risk of infections, methods to keep you free from infections, and also the various control measures you can put into place. The main learning objectives of the course are as follows:</p> <p>To be able to describe the sources of micro-organisms, routes of transmission, and key principles of infection control To identify the key hazards To list the essential elements of universal precautions To understand the importance of risk assessment and management in infection control To identify the skills required to implement effective infection control measures</p> <p>MANUAL HANDLING LEARNING OUTCOMES – 1 CREDIT</p> <p>Manual handling might be an element of your role that you do not pay much attention to. You might lift, push, pull, hold, or carry things without thinking twice about your technique. But you must understand the importance of correct manual handling. Poor manual handling practice is one of the most common causes of injury, and the injuries can be disabling and costly. The learning objectives for this course are as follows:</p>		






LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
	<p>To gain an understanding of ergonomics To discuss the law relating to moving and handling To understand risk assessment in relation to moving and handling To know the essential considerations relating to manual handling To be aware of the practical skills involved in manual handling</p> <p>MEDICATION FOUNDATION LEARNING OUTCOMES – 1 CREDIT</p> <p>Administering medication is often one of the most important roles of a carer, and it can be more complicated than you might first realise. This course will break down the different aspects of medication, including how to safely administer it, store it, record it, and review labels. The course will also cover the common side effects to look out for and what to do if someone in your care has a severe reaction. The learning objectives are as follows:</p> <p>To know how to comply with good practice to safely administer medication To be aware of a range of medications, their form, and route of administration To be able to identify the six rights of medication To review a label for an over the counter medication To know how to safely administer and store medication To understand the common side effects To understand the action to be taken if a severe reaction is suspected To understand consent To be able to complete a Medication Administered Record (MAR) This course provides you with the theory of safe handling of medication; practical training around how to administer medication must be provided to you by your employer to make sure you are competent.</p> <p>RISK MANAGEMENT & SAFER CARING LEARNING OUTCOMES – 1 CREDIT</p> <p>There’s always going to be risks. It’s impossible to be completely risk-averse. Because of this, carers need to be smart when it comes to managing that risk. This course enables carers to understand the nature of risk and to develop knowledge and confidence to assess and manage the risks that are an inevitable part of their work. The learning objectives for this course are as follows:</p> <p>To understand what we mean by ‘safer care’ To understand the legal framework and practice procedures underpinning safer care To achieve a greater understanding of the need to balance risk with gains for the child’s developmental experience To understand the need for a clear and up to date safer care policy To know the difference between an allegation, a complaint, and a serious concern To gain an understanding of some of the situations, behaviours, and conduct that could lead to an allegation and investigation To develop practical ways of improving safe caring, in order to minimise the risk of allegations being made</p>		
<p>First Aid</p>	<p>A classroom course is required but until we are able to return to face to face learning there are apps available from the Red Cross. These Apps are free to download. They show simple, easy-to-learn skills for a range of first aid emergencies. The Apps are packed with useful tips, animations and video clips and you can test your knowledge using the app’s built-in first aid quizzes.</p> <p>FIRST AID ESSENTIALS LEARNING OUTCOMES – 1 CREDIT</p> <p>First aid is a vital skill that everyone should have an awareness of. This course is designed for those who want to receive training in emergency first aid. It will cover the methods of dealing with various first aid emergencies, such as choking, shock, or CPR. The main learning objectives of the course are as follows:</p>	<p>Every 3 years</p>	<div data-bbox="2436 1606 2561 1732" data-label="Image"> </div> <p>British Red Cross First Aid for Adults</p> <p>Download from Google Play or Apple Store</p> <p>www.thetraininghub.co.uk</p>





LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
	<p>To understand the principles of first aid To have an awareness of actions in an emergency To know the recovery position To be aware of CPR To understand shock To understand bleeding</p> <p>FIRST AID REFRESHER LEARNING OUTCOMES – 1 CREDIT</p> <p>This online course can only be used for theory purposes and does not mean you can deliver first aid if you have not got in place current first aid face to face training. First aid is a vital skill that all foster carers should have an awareness of. This course is designed for foster carers who want to receive training in emergency first aid. It will cover the methods of dealing with various first aid emergencies, such as choking and shock, or CPR. The main learning objectives of the course are as follows:</p> <p>To understand the primary and secondary assessments To know the recovery position To know how to administer CPR To know how to deal with different emergencies, like bleeding, shock, or choking</p> <p>PAEDIATRIC FIRST AID LEARNING OUTCOMES – 1 CREDIT</p> <p>This online course can only be used for theory purposes and does not mean you can deliver first aid if you have not got in place current first aid face to face training. This comprehensive course is perfect for anyone working with, or caring for, babies and children. The course will give you the skills to help a sick or injured child, prior to the arrival of emergency services. The course is specifically designed for foster carers. The main learning objectives of the course are as follows:</p> <p>To know the role of a first aider - accident reporting and the first aid box To understand action planning in an emergency To be aware of primary and secondary assessments To know how to put someone into the recovery position To know how to administer resuscitation (CPR), and know the correct action for choking To know how to handle various injuries - head injuries, allergic reactions, shock, etc. To know the correct treatment for bleeding, shock, burns, sprains, strains, fractures, etc. To know how to deal with eye, nose, and ear obstructions To be aware of childhood conditions - asthma and respiratory infections, diabetes, sickle-cell anaemia, meningitis, etc.</p>		 <p>British Red Cross First Aid for Babies & Children</p> <p>Download from Google Play or Apple Store</p>
<p>Local Induction (including policies and procedures) Including foundation legislation</p>	<p>On hold until we can resume face to face learning</p>		





ADDITIONAL TRAINING

PLEASE DISCUSS WITH YOUR SUPERVISING SOCIAL WORKER AS NOT ALL WILL NEED TO BE COMPLETED BY ALL CARERS IT WILL DEPEND ON THE NEEDS OF THE CHILDREN IN YOUR CARE

LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
Moving Children onto Adoption	<p>ADOPTION LEARNING OUTCOMES – 1 CREDIT</p> <p>This course aims to increase understanding of the role of permanence in children’s lives and enable participants to make permanence plans geared to improving the outcomes for children and young people. The main learning objectives of the course are as follows:</p> <p>To understand the concept of permanence in the context of care planning and promote the healthy emotional, cognitive, and physical development of children To describe the legal framework for permanence planning To describe the range of permanence options for children, including maintaining children safely within their own families To explore methods of engaging children and their families in the planning process To ensure plans for children and young people are based on their individual needs</p>	Not Required	Please contact Mon Workforce Development to discuss at socialservices.trainingadmin@monmouthshire.gov.uk
Advanced Attachment and Trauma	<p>ATTACHMENT YOUNG PEOPLE LEARNING OUTCOMES - FREE</p> <p>You might sometimes hear carers, social worker, teachers, or other professionals use the word “attachment”. They know what they mean by this, but do you? These days, attachment is considered to be very important in the way an individual develops. From many years of research, we know quite a bit about attachment, but professionals don’t always explain it to young people. This course will look at what attachment is, as well as attachment styles and why they’re so important. We also look at what happens when you have attachment difficulties, and what to expect from carers and other professionals in this situation. In this course we will look at:</p> <p>What we mean by the term “attachment” and why it is important How an individual’s attachment style relates to their own experiences How knowing something about your own attachment style can help you have good relationships with other people and contribute to a happy life The minimum young people with attachment difficulties can expect from professionals</p> <p>This course has been created by a leading expert on the subject. A panel of young people has reviewed the course to ensure it is young person friendly.</p>	Not Required	Please contact Mon Workforce Development to discuss at socialservices.trainingadmin@monmouthshire.gov.uk





LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
	<p>ATTACHMENT & BONDING ADVANCED LEARNING OUTCOMES – 1 CREDIT</p> <p>The most important property of humankind is the capacity to form and maintain relationships. These relationships are necessary for any of us to survive, learn, work, love, and procreate. Human relationships take many forms but the most intense, most pleasurable, and most painful are those relationships with family, friends, and loved ones. Within this inner circle of intimate relationships, we are bonded to each other with “emotional glue” – we are bonded with love. Everyone’s ability to form and maintain relationships using this “emotional glue” is different. Some people seem naturally capable of loving. They form numerous intimate and caring relationships and, in doing so, get pleasure. Others are not so lucky. They feel no “pull” to form intimate relationships, find little pleasure in being with or close to others. They have less emotional glue with family and few, if any, friends. The main learning objectives of the course are as follows:</p> <p>To consider brain development in children To identify attachment patterns To understand reactive attachment disorder To identify indicators of a secure attachment To gain an understanding of providing a secure base</p> <p>CARING FOR TRAUMATISED CHILDREN LEARNING OUTCOMES – 1 CREDIT</p> <p>This course focuses on many aspects of trauma, providing information and good practice strategies for working with children who have experienced trauma. The main learning objectives of the course are as follows:</p> <p>To understand the key principles of trauma To recognise the impact of overwhelming stress and trauma on child development To identify the potential behavioural outcomes of suffering from trauma To explore strategies which support the healing of children who have suffered traumatic experiences</p> <p>COMPLEX TRAUMA ADVANCED LEARNING OUTCOMES – 1 CREDIT</p> <p>The term ‘Complex Trauma’ describes both children’s exposure to multiple traumatic events - often of an invasive or interpersonal nature - and the wide ranging long-term impact of this exposure. These events are severe and pervasive, such as abuse or profound neglect. They usually begin early in life and can disrupt many aspects of the child’s development and the very formation of a self. Since they often occur in the context of the child’s relationship with a caregiver, they interfere with the child’s ability to form a secure attachment bond. Many aspects of a child’s healthy physical and mental development rely on this primary source of safety and stability. The main learning objectives of the course are as follows:</p> <p>To understand complex trauma To look at what causes complex trauma To identify the signs of complex trauma To look at the impact of trauma on young children To consider the effects of complex trauma To identify some key issues to be aware of To identify and consider useful practices</p>		
Therapeutic Re-parenting	Individualised to child’s needs – not suitable for every carer – PROVIDED BY MYST		





LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
Digital safety and Social Media Awareness	<p>INTERNET SAFETY LEARNING OUTCOMES - FREE</p> <p>The internet is amazing. Children can play, learn, create, and connect - opening up a whole world of exciting possibilities. But with the digital world changing all the time, how can you make sure your child is staying safe? This course will look at both the benefits and dangers of the internet, as the online world is full of both. It will look at the risks posed to children online and will narrow down the biggest online dangers. It will analyse the phenomenon of 'sexting' and will examine the strategies we can employ to help and support children. The learning objectives for this course are as follows:</p> <p>To look at the benefits and the dangers of the internet To understand risks posed to children To be aware of the biggest online dangers To understand sexting To be aware of strategies to help and support children</p>	Not Required	www.thetraininghub.co.uk
Fostering Sons and daughters and the involvement of the extended family	<p>THE ROLE OF THE FOSTER CARER LEARNING OUTCOMES – 1 CREDIT</p> <p>This course enables carers to develop the knowledge and skills they need to take on their role with confidence. It will help staff reflect on the challenges they face and will demonstrate how to stay grounded and maintain the passion they came in with. The main learning objectives of the course are as follows:</p> <p>To understand the role of the foster carer To explore your duty of care for people you look after To learn about legislation, policies, and procedures To understand the importance of working as part of the foster care team To recognise the day-to-day challenges and the 'burnout' effect To explore strategies to maintain the values and ethos required to carry out the role effectively To understand the processes for complaints and compliments</p> <p>KINSHIP CARE FOSTERING LEARNING OUTCOMES – 1 CREDIT</p> <p>Kinship care is the care given to a child whose parents are unable to provide the care and support for a child, and this responsibility is taken on by a family member such as a grandparent, aunt, uncle, sibling, or other connected adults to the child such as godparents or close friends of the family. This course will cover what kinship care is – including who kinship carers usually are and why it is necessary – and the benefits of kinship care. The course will also look at kinship care concerning education and the issues that both children and carers might face. The learning objectives for this course are as follows:</p> <p>To know what kinship care is To know the benefits of kinship care To understand kinship care and education To know the key issues affecting children growing up in kinship care To understand the issues that kinship carers may face</p>	Not Required	www.thetraininghub.co.uk





LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
Caring for Children and Young People with Additional Needs	<p>AUTISM LEARNING OUTCOMES - FREE</p> <p>Autism is a lifelong, developmental disability that affects how a person communicates with and relates to other people, and how they experience the world around them. It is also a lot more common than many people realise, with there being roughly 700,000 people on the autism spectrum in the UK - more than 1 in 100. This course will look at what autism is and what a parent of an autistic child can expect, the behaviours they need to be aware of, and possible challenges an autistic child might face. It will help you to understand how to parent a child with autism. The learning objectives for this course are as follows:</p> <ul style="list-style-type: none">To know what autism isPlanning of direct work - having a focus / purpose of the session, identifying the appropriate tools, preparing the logistics of the session, preparing the child or young personTo understand autism in the early years and the behaviours to be aware ofTo be aware of the challenges that autistic young children may faceTo understand how to parent a child with autism <p>ADHD LEARNING OUTCOMES - FREE</p> <p>Parenting a child, any child, is a difficult task to begin with. But when you have a child with ADHD, you are parenting a child who has greater demands, needs more involvement, and requires greater patience and understanding by the parent. This course will cover what ADHD is, what the signs are, how it is diagnosed, and how you can parent a child with ADHD to the very best of your ability. The learning objectives for this course are as follows:</p> <ul style="list-style-type: none">To know what ADHD isTo know what the signs of ADHD areTo know how ADHD is diagnosedTo understand parenting a child with ADHD <p>AUTISM & ADHD LEARNING OUTCOMES – 1 CREDIT</p> <p>Autism spectrum disorder and ADHD are related in several ways. They have some of the same symptoms. Having one of these conditions also increases the risk of having the other. This course will give you an insight into the differences between ADHD and Autism, and how to work effectively with young people. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none">To improve your understanding of what autism is and what the different types of autism areTo increase your awareness of the needs of those who have a diagnosis of autism or ADHDTo understand the Triad of ImpairmentsTo be aware of the difficulties for individuals with Autism and ADHDTo improve your understanding and skills to meet the needs of those in your care <p>GRIEF & BEREAVEMENT LEARNING OUTCOMES – 1 CREDIT</p> <p>This course aims to provide information and guidance into what young people have said they need when experiencing loss and grief, and what support mechanisms need to be in place. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none">To explore grief in a healthy, more open, and child-centred contextTo gain a greater understanding of what death and bereavement means to a childTo improve your ability to contextualise death in relation to a child's age, ability, and experienceTo be able to respond more effectively to children's griefTo gain a greater understanding of what makes grief and stigma such a challenging experience for a child in care	Not Required	www.thetraininghub.co.uk





LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
Advanced Strategies to Manage Challenging Behaviour	<p>COGNITIVE BEHAVIOUR THERAPY LEARNING OUTCOMES – 1 CREDIT</p> <p>This course is aimed at foster carers. It will enable them to gain and develop skills they can use in their own day-to-day practice. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none"> To know what Cognitive Behaviour Therapy is To understand how what we think affects how we feel and what we do To understand how some CBT techniques can be useful for carers To know how to encourage children and young people to look at problems from a different perspective To understand how to use some specific CBT techniques and exercises with children and young people 	Not Required	Please contact Mon Workforce Development to discuss at socialservices.trainingadmin@monmouthshire.gov.uk
Advanced Safer caring and Risk management	<p>ADVANCED SAFER CARING & RISK MANAGEMENT – 1 CREDIT</p> <p>In your line of work, you may care for children who have experienced trauma and adversity early on in life. It is important to care for traumatised children from a safer carer perspective to minimise risks and develop resiliency. There’s always going to be risks. Because of this, carers need to be smart when it comes to managing those risks. This course enables carers to understand the nature of safer caring and to develop knowledge and confidence to assess and manage the risks that are an inevitable part of their work. The learning objectives are as follows:</p> <ul style="list-style-type: none"> To understand advanced safer caring To be aware of the recovery process after post-traumatic stress To be aware of vulnerability and resilience To know how to understand, prevent, and treat secondary traumatic stress disorders To be aware of the complaints and allegations process To understand risk To know how to assess and manage risks 	Not Required	www.thetraininghub.co.uk
Child Sexual Exploitation	<p>CHILD SEXUAL EXPLOITATION LEARNING OUTCOMES – 1 CREDIT</p> <p>This course enables carers to gain knowledge and awareness of the issues that surround this topic and the impact of this type of abuse, as well as what can be done to help and support victims of sexual exploitation. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none"> To gain an understanding of what child sexual exploitation is and the different models To identify the key signs and indicators of risk/vulnerability for child sexual exploitation To gain an understanding of trafficking, grooming, and child sexual exploitation in gangs and groups To gain an understanding of the long and short-term impacts of child sexual exploitation To gain knowledge of how and where to get help and support for children and young people 	Not Required	www.thetraininghub.co.uk
When I’m Ready	<p>LEAVING CARE – 1 CREDIT</p> <p>This course is a comprehensive guide for understanding the leaving care process for young people aged 16 and over. The course gives advice on supporting the young person through transition and helping ensure that they are able to be resilient and successful. There is also guidance for how Life Story Work can be used and its relevance for the young person, as well as managing the “When I Am Ready Arrangements”. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none"> To look at legislation regarding “16 plus” young people To understand the importance of assisting a child through transition and the impact it can have on vulnerable children and young people To understand the implications/issues that arise from moving a young person on To know how to build resilience in young people, the features of a successful transition, and how to plan for this To understand the “When I Am Ready” Arrangements To understand Life Story Work and its relevance to the role of the learner 	Not Required	www.thetraininghub.co.uk





LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
Promoting Independence	<p>PRERARATION FOR INDEPENDENCE LEARNING OUTCOMES – 1 CREDIT</p> <p>This course focuses on developing the knowledge and skills needed to help young adults live in the community successfully, and to recognise and assist young people in dealing with the challenges and current issues in society. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none"> To be aware of the problems around preparing our young people for independence To be aware of the relevant legislation - Children Leaving Care Act, Children Act 1989, etc. To understand assessment, planning, and review To understand the role of a foster carer To gain an understanding of what a Pathway Plan is To know the skills that young people need to succeed To be aware of education, training, and employment support To consider goal setting 	Not Required	www.thetraininghub.co.uk
Living with Teenagers:		Not Required	Please contact Mon Workforce Development to discuss at socialservices.trainingadmin@monmouthshire.gov.uk
Therapeutic Play	<p>PLAY THERAPY LEARNING OUTCOMES – 1 CREDIT</p> <p>This course aims to provide carers with an understanding of how young people learn through play and how play can assist young people in developing relationships. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none"> To be able to state the general benefits of play To explore identity-specific skills that are learned through play activities To examine how to meet developmental goals with play activities To develop a list of ways that a provider can support and encourage learning through play To use observation to determine what a child is learning during play To be able to select and evaluate toys for learning 	Not Required	Please contact Mon Workforce Development to discuss at socialservices.trainingadmin@monmouthshire.gov.uk
Understanding children and young people’s mental health	<p>ANTI BULLYING LEARNING OUTCOMES – 1 CREDIT</p> <p>This course enables learners to develop their awareness of how and why bullying happens, and how to support both the bullied and the bully. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none"> To work successfully at home and with your school in helping to eliminate looked-after-children-related bullying To understand the agency policy around bullying To identify when looked-after children may be being bullied and understand how to help and support them To understand, and be able to identify, different types of bullying To explore the impact of bullying on children and young people <p>UNDERSTANDING DEPRESSION & SUICIDE LEARNING OUTCOMES - FREE</p> <p>This course is specifically designed to enable foster carers to understand depression, and what might push a young person to suicide. It will look at the causes of depression and the possible methods to manage the condition. The main learning objectives of the course are as follows:</p>	Not Required	Please contact Mon Workforce Development to discuss at socialservices.trainingadmin@monmouthshire.gov.uk





LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
	<p>To understand what depression is To know the clinical features and signs of depression To know the possible causes of depression To know how to manage depression To be aware of suicide prevention To be aware of the available support for young people</p> <p>EATING DISORDERS LEARNING OUTCOMES – 1 CREDIT</p> <p>This course outlines the various types of eating disorders that young people may suffer from, how to recognise these conditions, and how to support young people. The main learning objectives of the course are as follows:</p> <p>To understand the different types of eating disorders To be able to describe the different types of eating disorders and know how to spot the signs To outline the assessment and management of eating disorders, particularly anorexia and bulimia nervosa, in Child Adolescent Mental Health Services (CAMHS) To discuss the role of Tier 1 professionals and how to refer to CAMHS To explore the various support tools for young people in relation to eating disorders</p> <p>EMERGING PERSONALITY DISORDERS LEARNING OUTCOMES – 1 CREDIT</p> <p>This course is aimed at candidates who work with young people that have Emerging Personality Disorder. Learners will gain a better understanding of Emerging Personality Disorder, its effects, and the possible treatments. The main learning objectives of the course are as follows:</p> <p>To understand what Personality Disorders (PD) are To gain an insight into the different types of PD To know what the signs and symptoms are To identify potential causes To know what the treatment is To know how to self-help To know how to help someone with PD</p> <p>GRIEF & BEREAVEMENT LEARNING OUTCOMES – 1 CREDIT</p> <p>This course aims to provide information and guidance into what young people have said they need when experiencing loss and grief, and what support mechanisms need to be in place. The main learning objectives of the course are as follows:</p> <p>To explore grief in a healthy, more open, and child-centred context To gain a greater understanding of what death and bereavement means to a child To improve your ability to contextualise death in relation to a child's age, ability, and experience To be able to respond more effectively to children's grief To gain a greater understanding of what makes grief and stigma such a challenging experience for a child in care</p>		





LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
	<p>MENTAL HEALTH LEARNING OUTCOMES – 1 CREDIT</p> <p>This course is aimed at foster carers who work with young people that have mental health issues. Through this course, candidates will gain a better understanding of mental health in children and young people in care. The course will examine what mental health is, and will look at some of the possible reasons for mental health issues. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none"> To define mental health To understand the experience for looked-after children To explore reasons for mental illness To identify the facts To identify assessments for children To explore interventions 		
<p>Taking care of yourself and each other</p>	<p>MINDFULNESS</p> <p>What is mindfulness and how could it help you?</p> <p>Mindfulness can help you manage your wellbeing and mental health. It can enable you to:</p> <ul style="list-style-type: none"> Feel less overwhelmed Improve your sleep quality Positively change the way you think and feel about your experiences (especially stressful experiences) Increase your ability to manage difficult situations Make better decisions Reduce levels of anxiety, depression and stress <p>The session we will talk a bit about mindfulness to enable you to practice as and when you like. It will also include a breathing exercise to finish.</p>		<p>Core Training, Learning & Development - 30 Minute Mindfulness Session</p>
<p>Substances and Addiction</p>	<p>ALCOHOL AWARENESS ADVANCED LEARNING OUTCOMES – 1 CREDIT</p> <p>This course is ideal for carers whose role involves contact with those who may misuse alcohol. This includes children’s homes staff and foster carers. This training will ensure that carers are informed of the legislation around alcohol and alcohol misuse, so that they are able to notice the signs and therefore work effectively with young people and get the right support for them. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none"> To understand the legislation around alcohol To consider the effects of alcohol misuse on children To identify the health effects of alcohol on the person To gain an understanding of mixing alcohol with drugs To consider what to do if things go wrong <p>DRUGS & ALCOHOL AWARENESS LEARNING OUTCOMES – 1 CREDIT</p> <p>This course is intended to equip foster carers with knowledge about specific drugs and alcohol to ensure they know how to work and support young people effectively. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none"> To identify and name the most commonly used drugs, their effects, and methods of use To understand why children are vulnerable to substance misuse 	<p>Not Required</p>	<p>Please contact Mon Workforce Development to discuss at socialservices.trainingadmin@monmouthshire.gov.uk</p>





LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
	<p>To understand where the laws and agency policy and procedure fit when caring for children who are using substances</p> <p>To understand the role that a foster carer plays in minimising the risks associated with drug use/misuse</p> <p>To be able to help and support young people to access appropriate drug and alcohol services</p>		
Domestic Abuse:	<p>VIOLENCE AGAINST WOMEN, DOMESTIC ABUSE & SEXUAL VIOLENCE</p> <p>The new stay-at-home rules are intended to keep us safe and protect the NHS, but not every home is a place of safety. For some, lockdown will increase their risk of domestic violence, emotional abuse, coercive control and even greater isolation.</p> <p>The new rules could increase abusers' power and control, leaving victims with little opportunity to access their usual supportive networks such as work, family or community groups.</p> <p>We want anyone who is still in a position to help to be able to recognise the signs of abuse and know how they can safely help, whether that is one of the thousands of volunteers assisting our most vulnerable, an emergency contractor, postal services workforce, local shops, or supermarket employee. That is why we have made our violence against women, domestic abuse and sexual violence (VAWDASV) online learning module accessible to all (temporary measure during coronavirus outbreak). Wales will not be a bystander violence or abuse.</p>	Not Required	<p>https://learning2.wales.nhs.uk/course/view.php?id=71&fbclid=IwAR3Tbj4RzMcf1lNigCph4501owLmkEEr-eomloGABQ9gPe4laSgeVxPeMLM</p> <p>More information can also be found on the Live Fear Free website - https://gov.wales/live-fear-free/staying-safe-during-coronavirus-emergency</p> <p>The Live Fear Free helpline is available 24 hours a day – call free on 0808 8010 800 text 0786 007 7333, email info@livefearfreehelpline.wales or webchat - https://gov.wales/live-fear-free/contact-live-fear-free.</p>
County Lines	<p>CRIMINAL EXPLOITATIONS & COUNTY LINES LEARNING OUTCOMES – 1 CREDIT</p> <p>This course will give an understanding of the methodology and modus operandi of drug distribution along county lines. This spread of serious criminality into new rural markets represents a difference in patterns of criminal behaviour and of an expansion of drug use into previously minimally affected areas.</p> <p>This course will explore the different County Line models and of the behaviour of the offenders as they spread their markets. It will also look at victims and how they can be coerced into assisting the offenders to develop their business outside of their traditional urban market-place. The main learning objectives of the course are as follows:</p> <p>To know the context of criminal exploitation To understand vulnerabilities and indicators To know the barriers to engagement To understand the importance of language To be aware of the services available nationally</p>	Not Required	<p>Please contact Mon Workforce Development to discuss at socialservices.trainingadmin@monmouthshire.gov.uk</p>
Court Skills	<p>COURT SKILLS LEARNING OUTCOMES – 1 CREDIT</p> <p>This course will provide carers with an understanding of what is required of them if they are expected to attend court with young people. The main learning objectives of the course are as follows:</p>	Not Required	<p>Please contact Mon Workforce Development to discuss at socialservices.trainingadmin@monmouthshire.gov.uk</p>





LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
	<p>To demonstrate an understanding of 'significant harm' and the 'threshold criteria'</p> <p>To identify the range of Orders available in child protection and their application within the court</p> <p>To demonstrate an understanding of the law relating to adoption and permanency planning, particularly the Adoption and Children Act 2002</p> <p>To explain the significance of case law and its importance for the legal process</p> <p>To describe how to prepare for a hearing</p> <p>To recognise how to conduct yourself around the courtroom</p> <p>To demonstrate skills in giving evidence in a confident manner, using clear and simple language</p> <p>To learn how to avoid pitfalls and withstand cross-examination</p>		
Equality and Diversity	<p>EQUALITY & DIVERSITY LEARNING OUTCOMES – 1 CREDIT</p> <p>This course is designed to help carers to fully appreciate the varied backgrounds that young people originate from. It also covers the need to respect and promote each child and young person's unique personality and social background, including aspects of discrimination. The main learning objectives of the course are as follows:</p> <p>To learn how to manage diversity and promote equality</p> <p>To confidently discuss issues of inequality with children/young people and significant others</p> <p>To ensure that the needs, rights, and views of the child or young person are at the centre of all practice and provision</p> <p>To illustrate how individuality, difference, and diversity are valued and celebrated</p> <p>To explore equality of opportunity, issues and promote anti-discriminatory practice</p> <p>To define and promote social inclusion and advancement of children and young people</p> <p>To reflect on the different types of prejudice and discrimination that can affect children and young people in care</p> <p>To outline why it is important to provide care which respects and preserves each child's protected characteristics as defined by the Equality Act 2010</p> <p>To illustrate how to support and encourage children and young people to develop skills to deal with discrimination, enhance self-worth, and make a positive contribution</p>	Not Required	www.thetraininghub.co.uk





SPECIFIC TRAINING

PLEASE DISCUSS WITH YOUR SUPERVISING SOCIAL WORKER AS NOT ALL WILL NEED TO BE COMPLETED BY ALL CARERS IT WILL DEPEND ON THE NEEDS OF THE CHILDREN IN YOUR CARE

LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
Child and Parent Placements		Not Required	Please contact Mon Workforce Development to discuss at socialservices.trainingadmin@monmouthshire.gov.uk
Short Breaks/Support Care			Please contact Mon Workforce Development to discuss at socialservices.trainingadmin@monmouthshire.gov.uk
Unaccompanied Asylum Seeking Children and Young People	<p>CARING FOR ASYLUM SEEKING & REFUGEE CHILDREN LEARNING OUTCOMES – 1 CREDIT</p> <p>Young refugees and asylum seekers are amongst the most vulnerable groups of children and young people in care. This is largely due to their experience of war and conflict, as well as adapting to a new environment, usually unable to speak English. This course will enable participants to make a distinction between refugees and asylum seekers, and address the misconceptions that are prevalent. The main learning objectives of the course are as follows:</p> <p>To improve your understanding of the experiences and meaning of being an unaccompanied asylum-seeking or refugee child To explore the UK asylum-seeking process and legal framework To increase your awareness of the needs of asylum-seeking and refugee children To examine how to meet the needs of unaccompanied asylum-seeking and refugee children more effectively</p>	Not Required	Please contact Mon Workforce Development to discuss at socialservices.trainingadmin@monmouthshire.gov.uk
Radicalisation	<p>RADICALISATION & EXTREMISM LEARNING OUTCOMES - FREE</p> <p>It is important to understand what the radicalisation process looks like in order for families, friends, and communities to help prevent acts of violent extremism. This course aims to provide an understanding of what causes people to be vulnerable to radicalisation or influenced by extremism, some skills to help recognise those potentially vulnerable to radicalisation, and information on what to do if concerned about individuals. The main learning objectives of the course are as follows:</p> <p>To know what radicalisation is To know what violent extremism is To understand the radicalisation process To be aware of the link between radicalisation and the internet To know the 'Prevent' strand of the government's CONTEST strategy</p>	Not Required	www.thetraininghub.co.uk
Caring for children who have experienced sexual abuse	<p>FEMALE GENITAL MUTILATION – FREE</p> <p>E-Learning - Female Genital Mutilation (FGM) - This module is provided by the Home Office and requires an initial registration with them. This course has been updated and now includes information on the changes to the law introduced through the Serious Crime Act 2015, updated prevalence data and new guidance for UK Visas and Immigration.</p>	Not Required	www.fgmelearning.co.uk





LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
	<p>CARING FOR SEXUALLY ABUSED CHILDREN LEARNING OUTCOMES – 1 CREDIT</p> <p>Caring for children who have been sexually abused is demanding and challenging, and foster carers cannot be left to manage this alone. This course will enable carers to establish effective partnerships with young people, providing them with information they can understand and use and arranging for practical parenting support that directly relates to the needs of these children. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none"> To know how to create a safe place for the child To be able to recognise child sexual abuse To understand the impact of sexual abuse To understand how we can help children who have been sexually abused To be aware of therapy and building resilience (including new material concerning the impact of trauma on children who have been sexually abused) 		
<p>Caring for children with specific needs e.g. disabilities</p>	<p>ASTHMA IN YOUNG PEOPLE LEARNING OUTCOMES – 1 CREDIT</p> <p>This course will help you stay up to date with the latest developments in asthma research, as well as discussing various strategies to manage asthma and offer support to young people with asthma. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none"> To understand the epidemiology of asthma To gain knowledge on the current research around asthma To discuss issues of managing asthma To identify strategies to manage asthma To identify support available to people with asthma <p>DIABETES LEARNING OUTCOMES – 1 CREDIT</p> <p>This course aims to increase understanding of diabetes in terms of the young people in your care. Diabetes describes a group of metabolic diseases in which the person has high blood glucose (blood sugar), either because insulin production is inadequate, or because the body's cells do not respond properly to insulin or both. The learning objectives for this course are as follows:</p> <ul style="list-style-type: none"> To understand the condition better To learn how to support children who suffer from this condition To learn how to support parents as partners <p>EPILEPSY & SEIZURE MANAGEMENT LEARNING OUTCOMES – 1 CREDIT</p> <p>through this course, learners will gain knowledge on the primary effects of epilepsy and the importance of supporting young people to take medication as directed by their doctor. The main learning objectives of the course are as follows:</p> <ul style="list-style-type: none"> To know epilepsy facts and figures To know what a seizure is To be aware of the various types of seizures To know first aid for seizures To understand seizure observation and recording 	<p>Not Required</p>	<p>Please contact Mon Workforce Development to discuss at socialservices.trainingadmin@monmouthshire.gov.uk</p>





LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
	<p>WORKING WITH DISABLED CHILDREN LEARNING OUTCOMES – 1 CREDIT</p> <p>This course enables foster carers to address issues associated with working with disabled children, and develop the basic knowledge and skills to work effectively with a diverse range of children and young people. The main learning objectives of the course are as follows:</p> <p>To understand the social model of disability in relation to working with disabled children and young people To understand the inclusion needs of disabled children and young people To recognise the added vulnerability that some disabled children and young people may face To understand the discrimination of disabled young people in peer groups as well as in wider society To explore strategies to ensure disabled children are able to achieve their full potential</p>		
<p>Fostering Changes</p>			<p>Please contact Mon Workforce Development to discuss at socialservices.trainingadmin@monmouthshire.gov.uk</p>
<p>Train The Trainer</p>	<p>THE ART OF TRAINING</p> <p>The Art of Training course is different to the traditional "Train the Trainer" courses, as it not only focuses on the practical skills needed for delivering training, it also focuses on the psychology of how people learn and incorporates elements of our unique RESULT Coaching Programme.</p> <p>Objectives</p> <p>Theories of learning styles & preferences Structure training sessions to engage learners & encourage maximum participation How to choose appropriate training & learning activities Using coaching skills to engage learners & deal effectively with difficult situations How to give & receive constructive, nutritious feedback</p>		<p>Core Training, Learning & Development - The Art of Training</p>
<p>Remand Fostering</p>			<p>Please contact Mon Workforce Development to discuss at socialservices.trainingadmin@monmouthshire.gov.uk</p>
<p>Peer Mentoring</p>			<p>Please contact Mon Workforce Development to discuss at socialservices.trainingadmin@monmouthshire.gov.uk</p>
<p>Sexual Orientation and gender identity awareness</p>	<p>LGBT LEARNING OUTCOMES – 1 CREDIT</p> <p>This course will give carers a better understanding of what it means to be LGBT, the needs of LGBT people, the challenges they face, and how to support and communicate with young people who identify as LGBT. The main learning objectives of the course are as follows:</p> <p>To know what we mean by LGBTQ To understand sexual identity, expression, and assignment</p>	<p>Not Required</p>	<p>Please contact Mon Workforce Development to discuss at socialservices.trainingadmin@monmouthshire.gov.uk</p>





LEARNING & DEVELOPMENT OPPORTUNITY	LEARNING OUTCOMES	FREQUENCY OF REFRESHER	BOOKING LINK
	To be aware of the issues that LGBTQ people face To be aware of the extra issues that LGBTQ children and young people in care face To know what we can do to provide care and support		
Sex and Relationships	SEXUAL HEALTH LEARNING OUTCOMES – 1 CREDIT This course will enable foster carers to provide and promote high quality sexual health through increased knowledge and support to young people in a way that addresses their sexual health and relationship needs. The main learning objectives of the course are as follows: To increase knowledge and understanding of sexual health issues affecting young people To identify the services that can support children and young people To recognise best practice models in promoting sexual health To equip participants in delivering high quality sexual health services, information, and education that is in line with best practice To develop engaging ways of working with young people around sexual health, sexuality, and relationships	Not Required	Please contact Mon Workforce Development to discuss at socialservices.trainingadmin@monmouthshire.gov.uk

